

LEAD TO CONNECT

ELEVATING LEADERSHIP - CONNECT, UNDERSTAND
AND INSPIRE WITH EMOTIONAL INTELLIGENCE



SHELLEY FLETT

In the Lead to Connect program, we fuse the art of creating meaningful connections with the power of emotional intelligence. Join us to transform your leadership approach, enhancing team cohesion and effectiveness through insightful, empathetic engagement.

Discover the power of coaching and emotional intelligence. This transformative experience equips leaders with the skills to foster deep connections, enhance self-awareness, and effectively manage emotions. Dive into practical tools for active listening, insightful questioning, and overcoming biases, all aimed at strengthening team dynamics and personal leadership effectiveness.

Ideal for leaders seeking to leverage their strengths and drive positive team outcomes through improved understanding and empathy.

Over four weeks, you'll participate in one 3-hour session each week to learn and practice the essentials of connected coaching:

- Learn effective, inquiry-based coaching for deeper team connection.
- Enhance listening and awareness through appreciative inquiry.
- Explore inner and outer focus for building awareness of self and others.
- Personalise learning with tailored coaching strategies based on your own Emotional Intelligence profile (Roche Martin) and group debrief.

This program will help leaders to overcome challenges relating to:

- **Overcoming Dependency:** Boost capability and reduce team reliance.
- **Enhanced Communication:** Foster more asking, less telling.
- **Empowerment and Accountability:** Strengthen leadership empowerment and responsibility.
- **Engagement and Trust:** Address turnover, absenteeism, and build trust.
- **Self-Awareness and Relationships:** Improve behavior impact, strengthen connections.
- **Empathy and Assertiveness:** Balance curiosity with effective boundary-setting.

Contact Shelley to secure your place for the
Lead to Connect Program today!



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